

# Rossington St Michael's CE Primary School



## Child Friendly Anti-Bullying Policy 2022-2023

Our school is a place where everyone feels welcome, accepted, can achieve and are loved.

They have the right to be themselves.

It's a place where everyone can feel safe, be happy and learn.

Everyone at our school is equal and acts with respect and kindness towards each other.

Our school is a bully-free place.

When everyone is included, everyone wins. This means that diversity is celebrated in its greatest sense, with all young people feeling included and seen.



## What is Bullying?

Bullying is when a person is hurtful or unkind to someone else, on purpose and more than once. Bullying can be done by one person or by a group of people and can be towards one person or a group of people.

A useful way to remember bullying is:



## **Bullying can be:**

- Hitting or threatening to hit someone
- Touching someone when they don't want you to
- Calling someone names, teasing, using rude language or saying nasty things about someone to them or to other people.
- Sending hurtful or unkind texts, emails or online messages to someone or about someone
- Stealing or damaging someone else's belongings
- Ignoring someone on purpose or leaving them out
- Race or ethnicity (racist bullying)
- Religion or belief
- Culture or family background
- Sexist bullying which is bullying someone because of their gender. For example, because they are a boy or a girl, or saying they are acting 'like a boy' or 'like a girl'.
- Homophobic or biphobic bullying is when someone says unkind or nasty things because someone is lesbian, gay or bisexual or because you think they are, or because they have two mums or dads. It is also calling someone lesbian, gay or bisexual on purpose to be unkind or nasty to them, for example 'you're so gay!'.
- Transphobic bullying is bullying someone because they are trans or because you think they are trans or because they have trans family members or friends (trans is a word for people who feel that they were given the wrong 'boy' or 'girl' label when they were a baby). Transphobic bullying can also be refusing to believe somebody when they tell you they are trans.
- People who find it hard to learn something
- People having a disability
- What someone looks like
- Where someone lives



## **Why does bullying happen?**

Although bullying doesn't happen very much in our school it might happen. Bullies can be older or young than you, bigger or smaller than you. Bullies pick on people who maybe different in some way and try to make them feel worse about themselves. If you are being bullied remember that it is never your fault.

## **Where does bullying happen?**



At School



After-  
School



On-line

## **What should I do if I think someone is being bullied?**

Talk to the person and ask if they are ok and try to find out if they are being bullied. If they are, ask if you can help them talk to a teacher or an adult they trust.

## **What should I do if I'm being bullied?**

If you are being bullied it is important to tell someone you trust. Tell an adult or friends, either at school or at home. If you have already told an adult about bullying you can still tell them again. You can:

- Tell a teacher, your class teacher or any other teacher
- Tell a playground buddy or anti-bullying ambassador who will be able to help you
- Tell any other adult/staff in school- such as lunchtime supervisors, teaching assistants or the school office
- Tell an adult at home
- You can write a note for your class worry box.
- You can also call ChildLine at any time for free 0800 1111. They will not tell anyone else what you have said.

If you tell a teacher or an adult at school they will be able to help you. They may tell another teacher like your class teacher, or a parent/carer, so that they can help you. Telling an adult will never make the bullying worse. They will talk to you and the bully to find ways to stop the bullying.